MEET THE PRODUCT

BRAVENLY HYDRATE

Transform your health routine with Bravenly Hydrate and enjoy the benefits beyond peak hydration. This Mango Yuzu flavored drink contains essential electrolytes like magnesium, sodium, and potassium! Beyond hydration, Bravenly Hydrate supports muscle recovery & exercise performance due to the addition of BCAA and mood and cognitive health due to the addition of L-Theanine!

BRAVENLY BENEFITS

- SUPPORTS CELLULAR HYDRATION & HEALTHY FLUID BALANCE*

- SUPPORTS A HEALTHY NERVOUS SYSTEM*

- SUPPORTS MUSCLE GROWTH, REPAIR, AND ENDURANCE*

- SUPPORTS MOOD & FOCUS*

- SUPPORTS COGNITIVE HEALTH*

Supplement Facts

Serving Size 1 stick (7.45 g)
Servings Per Container: 16

	Amount Per Serving	%DV
Calories	24	
Vitamin C (from ascorbic acid)	100 mg	111%
Vitamin B6 (pyridoxine hydrochloride)	2.5 mg	147%
Vitamin B12 (methylcobalamin)	5 mcg	208%
Sodium (sodium chloride)	250 mg	11%
Magnesium (dimagnesium malate, magnesium glycinate)	15 mg	4%
Potassium (potassium citrate)	140 mg	3%
Bravenly Proprietary Blend	4,200 mg	*
L-Leucine (Powder), L-Isoleucine (Powder), L-Valine (Powder), L-Theanine (Powder)		

*Daily Value not established.

Other Ingredients: Citric Acid, Natural Colorings, Natural Flavors, Reb M, Silicon Dioxide.

THE BRAVENLY DIFFERENCE

INGREDIENT SPOTLIGHT

MAGNESIUM
Supports healthy blood sugar levels, exercise performance, and muscle fatigue.*

SODIUM
Supports cellular hydration, healthy fluid balance, and muscle and nerve function.*

POTASSIUM
Supports healthy nervous system signals and supports healthy fluid balance in the body.*

L-THEANINE
Supports mental focus, performance, and mood.*

VALINE
Supports muscle endurance, muscle growth, and heart health.*

ISOLEUCINE
Supports healthy metabolism, muscle repair & building, and immune function.*

LEUCINE
Supports muscle strength & endurance, healthy blood sugar, and healthy hormones.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.